



Silence accompanied by a music

Let's listen to St. Agostina and St Vincent de Paul whom we celebrate during this month of September: like St. Jeanne-Antide, he invites us to walk without turning back, to be travellers, witnesses of the Future:

From Saint Vincent de Paul : "As God has sent the Apostles, he also sends us to bring fire everywhere ... the fire of love throughout the world".

Refrain: Sing alleluia to the Lord (bis), sing alleluia...

From Saint Agostina : "I will be glad to die as martyr of my duty ... Jesus, I love you so much that I would like to be a flame of love for you" Refrain

From Saint Jeanne-Antide : "O beautiful heaven, our Homeland: we hope to inhabit it one day ... O Jesus, we hope in your infinite mercy. You acquired and promised it to us ... if we live till the end with a vivid faith, a strong hope and an ardent charity and love for God and our neighbour". Refrain

« Let's sing already on earth the alleluia in the midst of our concerns, so that we may sing peacefully in heaven.

Let's sing Alleluia ! to lighten our burden.

As a traveller sings ... Sing and walk !

Sing to uphold your effort and progress in doing good.

Sign and walk, without looking back, without stamping.

Chante Alléluia ! » De Saint Augustin Refrain

OUR FATHER



Final song to Mary



**On a journey:
let us spread Joy and peace**



Prayer of September 2020

Guide 1: On our journey, in this month of September, we want to give thanks to the Lord for those who today announce the marvels of God, and for all those who love and serve the poor, following the example of Saint Vincent de Paul.



Song

From the *Encyclical Laudato Si'* n° 223

*The Pope continues to invite us to sow hope and joy and to live in "sobriety when lived freely and consciously, is liberating. It is not a lesser life or one lived with less intensity. On the contrary, it is a way of living life to the full. In reality, those who enjoy more and live better each moment are those who have given up dipping here and there, always on the look-out for what they do not have. **They experience what it means to appreciate each person and each thing, learning familiarity with the simplest things and how to enjoy them. So they are able to shed unsatisfied needs, reducing their obsessiveness and weariness.** Even living on little, they can live a lot, above all when they cultivate other pleasures and find satisfaction in fraternal encounters, in service, in developing their gifts, in music and art, in contact with nature, in prayer. Happiness means knowing how to limit some needs which only diminish us, and being open to the many different possibilities which life can offer."*

Psalm 36

This psalm suggests to us today to trust the Lord who always fulfils his promises for those who put their trust in him. In silent prayer, each one of us welcomes the words of this Psalm. Let's allow them to inhabit our heart...

Trust in the Lord and do good,
dwell in the land and enjoy safe pasture;
take delight in the Lord :
and he will give you the desires of your heart.

Commit your way to the Lord,
trust in him and he will do this.
He will make your righteous reward shine like the dawn,
your vindication like the noonday sun.
Be still before the Lord and wait patiently for him

The Lord makes firm the steps of the one
who delights in him,
Though he may stumble, he will not fall,
for the Lord upholds him with his hand.

Turn from evil and do good,
then you will dwell in the land forever,
for the Lord loves the just,
and will not forsake the faithful ones.
The righteous will inherit the land
and will dwell in it forever.

Hope in the Lord and keep his way :
He will exalt you to inherit the land ;
The salvation of the righteous comes from the
Lord, he is their stronghold in time of trouble.
The Lord helps them and delivers them.
He delivers those who take refuge in him.



Silence accompanied by a music

From the Gospel of Saint Luke 4,16-21

He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, to proclaim the year of the Lord’s favor.”
Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. He began by saying to them, “Today this scripture is fulfilled in your hearing.”



Song

Psalm 33 “*Servant of the poor, one serves Jesus Christ ... You serve Jesus Christ in the person of the poor. And that is also true that we are here.*”

Come my sons, listen to me,
I will teach you the fear of the Lord.
Who wants to live to the full
who loves long life and enjoyment of prosperity?
Malice must be banished from your tongue
deceitful conversation from your lips
Never yield to evil, practise good,
Seek peace, pursue it.

The eyes of the Lord are turned towards the virtuous,
his ears to their cry.

The face of the Lord frowns on evil men,
To wipe their memory their memory from the earth.

They cry for help and the Lord hears:
And rescues them from all their troubles.
He is near to the broken-hearted,
He helps those with a crushed spirit

